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Chapter I

PROBLEMS

351. Let a, b and c be the lengths of the sides of a triangle with inradius r .

Prove that:

$$\frac{a^3}{(a-b-c)^2} + \frac{b^3}{(a-b+c)^2} + \frac{c^3}{(a+b-c)^2} \geq 6\sqrt{3}r.$$

George Apostolopoulos

352. Prove that in any ABC triangle the following relationship is true:

$$a^{2+\sqrt{3}} + b^{2+\sqrt{3}} + c^{2+\sqrt{3}} \geq 3 \cdot (2r\sqrt{3})^{2+\sqrt{3}}.$$

Daniel Sitaru

353. Let a, b, c be the lengths of the sides of a triangle ABC with circumradius R .

Prove that:

$$\frac{1}{(a+b)(b+c)} + \frac{1}{(b+c)(c+a)} + \frac{1}{(c+a)(a+b)} \geq \frac{1}{4R^2}.$$

George Apostolopoulos

354. Prove that in any ABC triangle the following relationship is true:

$$a^6 + b^6 + c^6 \geq 81 \cdot (2r)^6.$$

Daniel Sitaru

355. Let ABC be a triangle with $\sphericalangle C = 2\sphericalangle B$. On side BC consider a point D such

that $\sphericalangle BAD = \frac{1}{4} \sphericalangle C$. Prove that:

a. $BD = \frac{AB \cdot AC}{AB + AC};$

b. $\frac{\cos C}{\cos B} \geq \frac{\cot C}{\cot B}.$

George Apostolopoulos

356. Prove that in any ΔABC the following relationship is true:

$$\frac{1}{\sqrt{\sin A}} + \frac{1}{\sqrt{\sin B}} + \frac{1}{\sqrt{\sin C}} \leq \frac{a^2 + b^2 + c^2 + 3}{2\sqrt{2}F}.$$

Daniel Sitaru

357. Let R, r, r_a, r_b, r_c represent the circumradius, inradius and exradii, respectively, of ΔABC . Prove that:

a. $\left(1 + \cot \frac{A}{2}\right) \left(1 + \cot \frac{B}{2}\right) \left(1 + \cot \frac{C}{2}\right) \geq \left(1 + 2\sqrt{3} \frac{r}{R}\right)^3;$

b. $\left(1 + \frac{1}{r_a}\right) \left(1 + \frac{1}{r_b}\right) \left(1 + \frac{1}{r_c}\right) \geq \left(1 + \frac{2}{3R}\right)^3.$

George Apostolopoulos

358. Prove that in any ΔABC the following relationship is true:

$$\sum (\sqrt[3]{a} + \sqrt[3]{b} - \sqrt[3]{c})^3 \geq \sqrt[3]{3a} + \sqrt[3]{3b} + \sqrt[3]{3c} - 2.$$

Daniel Sitaru

359. For an acute triangle ABC and a positive integer n , prove that:

$$\left(\sum (\sin A \sin B \sin C)^{\frac{1}{n}} \right)^n \leq \frac{3^{n+1}}{8},$$

where the sum is over all cyclic permutations of (A, B, C) .

George Apostolopoulos

360. Prove that if $m, n \in \mathbb{N}^*$ then in any triangle the following relationship holds:

$$2R \sum w_a^{m+1} (w_a^{2n} - w_a^n + 1) \geq \frac{(ab + bc + ca)^{m+n+1}}{(6R)^{m+n}}.$$

Daniel Sitaru

361. Let ABC be a triangle. Prove that:

$$\left(1 + \sec \frac{A}{2}\right)^{\csc^{-3}\frac{A}{2}} \cdot \left(1 + \sec \frac{B}{2}\right)^{\csc^{-3}\frac{B}{2}} \cdot \left(1 + \sec \frac{C}{2}\right)^{\csc^{-3}\frac{C}{2}} \geq \left(5 + \frac{26\sqrt{3}}{9}\right)^{\frac{1}{8}}.$$

George Apostolopoulos

362. Prove that in any ΔABC the following relationship holds:

$$\sum m_a h_a w_a \geq \sin A \sin B \sin C \left(\frac{b^2 c^2}{a} + \frac{c^2 a^2}{b} + \frac{a^2 b^2}{c} \right).$$

Daniel Sitaru

363. Let ABC be a triangle. Prove that:

$$\left(1 + \sec \frac{A}{2}\right)^{8 \sin^3 \frac{A}{2}} \cdot \left(1 + \sec \frac{B}{2}\right)^{8 \sin^3 \frac{B}{2}} \cdot \left(1 + \sec \frac{C}{2}\right)^{8 \sin^3 \frac{C}{2}} \geq 5 + \frac{26}{9}\sqrt{3}.$$

George Apostolopoulos

364. Prove that in any ΔABC the following relationship holds:

$$\cos \frac{A}{2} + \cos \frac{B}{2} + \cos \frac{C}{2} > \frac{1}{2R} (m_a + m_b + m_c).$$

Daniel Sitaru

365. Let P be an arbitrary point inside a triangle ABC . Let a, b and c be the distances from P to the side BC, AC and AB , respectively. Prove that:

$$\frac{(\sqrt{a} + \sqrt{b} + \sqrt{c})^4}{\sin^4 A + \sin^4 B + \sin^4 C} \leq 12R^2,$$

where R denotes the circumradius of ABC .

When does the equality occur?

George Apostolopoulos

366. Prove that in ABC triangle the following relationship holds:

$$\sum m_a \left(|\sin B| \sqrt{1 + \cos^2 B} + |\cos B| \sqrt{1 + \sin^2 B} \right) < 2s\sqrt{3}.$$

Daniel Sitaru

367. Let ABC be a given triangle, and let M, N be the interior points on the side BC such that $BM = CN$. Prove that:

$$\frac{1}{AM} + \frac{1}{AN} > \frac{4}{AB + AC}.$$

George Apostolopoulos

368. Prove that in any ABC triangle the following relationship holds:

$$\sqrt{m_a} + \sqrt{m_b} + \sqrt{m_c} \geq \sqrt{m_a + m_b + m_c + 6\sqrt[3]{h_a h_b h_c}}.$$

Daniel Sitaru

369. Let ABC be a given triangle, and let M, N be the interior points on the side BC such that $BM = NC$. Prove that:

$$\frac{AC^2}{AM} + \frac{AB^2}{AN} > BC.$$

George Apostolopoulos

370. Prove that in any ΔABC the following relationship holds:

$$\sum \sqrt{a + b - c} \geq \sqrt{2p + 12\sqrt[3]{rF}}.$$

Daniel Sitaru

371. In an acute triangle ABC heights $AA_1, BB_1,$ and CC_1 are drawn. Let H be the intersection point of heights. Prove that:

$$\frac{AH}{HA_1} + \frac{BH}{HB_1} + \frac{CH}{HC_1} \geq \sec A + \sec B + \sec C.$$

George Apostolopoulos

372. Prove that in any ABC triangle the following relationship holds:

$$\frac{b^4 c^7}{a^{12}} + \frac{c^4 a^7}{b^{12}} + \frac{a^4 b^7}{c^{12}} \geq \frac{\sqrt{3}}{R}.$$

Daniel Sitaru

373. Let ABC be an acute triangle with inradius r and circumradius R . Prove that:

$$\frac{(\sec A)^{\frac{1}{\sec A}} + (\sec B)^{\frac{1}{\sec B}} + (\sec C)^{\frac{1}{\sec C}}}{\sec A + \sec B + \sec C} < \frac{5R - r}{12r}.$$

George Apostolopoulos

374. Prove that in any ABC triangle the following relationship holds:

$$(m_a^2 + m_a m_b + m_b^2)(m_b^2 + m_b m_c + m_c^2)(m_c^2 + m_c m_a + m_a^2) \geq \left(\frac{9r_a r_b r_c}{r_a + r_b + r_c} \right)^3.$$

Daniel Sitaru

375. Let ABC be an acute triangle with inradius r and circumradius R . Prove that:

$$\sec A + \sec B + \sec C \geq 12 \frac{r}{R}.$$

George Apostolopoulos

376. Prove that in ABC and $A'B'C'$ triangles $a + a' = b + b' = c + c'$ having the sides a, b, c , respectively a', b', c' , then:

$$s(a'b' + b'c' + c'a') \leq 6R'F' \left(\frac{a}{a'} + \frac{b}{b'} + \frac{c}{c'} \right),$$

where $s = \frac{a+b+c}{2}$; $F' = \text{Area } [A'B'C']$.

Daniel Sitaru

377. Prove that in all acute triangles ABC holds

$$\tan^2 A \cdot \tan^2 B \cdot \tan^2 C \cdot \cos(A - B) \cdot \cos(B - C) \cdot \cos(C - A) \geq 27.$$

George Apostolopoulos

378. Prove that in ABC triangle the following relationship holds:

$$\frac{3}{2} \leq \frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} < 2.$$

Daniel Sitaru

379. Let w_a, w_b, w_c be the lengths of the internal bisectors of the angles opposite of the sides a, b, c of a triangle ABC . Prove that:

$$\left(\frac{w_a}{bc} \right)^n + \left(\frac{w_b}{ca} \right)^n + \left(\frac{w_c}{ab} \right)^n \leq \frac{3}{(4r)^n}$$

for each positive integer n .

George Apostolopoulos

380. Prove that in any ABC triangle the following relationship holds:

$$\frac{3}{2} \leq \sum \frac{a\sqrt{(b-c)^2 + 4r^2}}{b\sqrt{(a-c)^2 + 4r^2} + c\sqrt{(b-a)^2 + 4r^2}} < 2.$$

Daniel Sitaru

381. Let a, b, c be the lengths of sides, and let m_a, m_b, m_c be the lengths of medians of a triangle ABC with inradius r and circumradius R . Prove that:

$$24 \frac{r^2}{R} \leq \frac{a^2}{\sqrt{m_b m_c}} + \frac{b^2}{\sqrt{m_c m_a}} + \frac{c^2}{\sqrt{m_a m_b}} \leq \frac{3R\sqrt{2R(R-r)}}{r}.$$

George Apostolopoulos

382. Prove that in ABC triangle the following relationship holds:

$$\frac{1}{\sin A} + \frac{1}{\sin B} + \frac{1}{\sin C} \leq \frac{1}{4F} \sum \left(\frac{\sqrt{a}(a^2 + bc)}{\sqrt{b} + \sqrt{c}} + a^2 \right).$$

Daniel Sitaru

383. Let m_a, m_b, m_c be the lengths of the medians of a triangle with circumradius R . Prove that:

$$\left(1 + \frac{1}{m_a}\right) \left(1 + \frac{1}{m_b}\right) \left(1 + \frac{1}{m_c}\right) \geq \left(1 + \frac{2}{3R}\right)^3.$$

George Apostolopoulos

384. In $ABCD$ inscriptible quadrilateral, we denote $AB = a; BC = b; CD = c; DA = d; F = \text{Area } [ABCD]$. Prove that:

$$\sin A + \sin B + \sin C + \sin D \leq \frac{4F}{\sqrt{abcd}}.$$

Daniel Sitaru

385. Let ABC be an acute triangle. Prove that:

$$\sqrt{\cos A \cdot \sin B \cdot \sin C} + \sqrt{\sin A \cdot \cos B \cdot \sin C} + \sqrt{\sin A \cdot \sin B \cdot \cos C} \leq \frac{3}{2} \sqrt{\frac{3}{2}}.$$

George Apostolopoulos

386. In $ABCD$ inscriptible quadrilateral, we denote $AB = a; BC = b; CD = c; DA = d; s = \frac{a+b+c+d}{2}$. Prove that:

$$\sin A \sin B \leq \left(1 - \frac{s}{a}\right) \left(1 - \frac{s}{b}\right) \left(1 - \frac{s}{c}\right) \left(1 - \frac{s}{d}\right).$$

Daniel Sitaru

387. Let ABC denote a triangle, I its incenter, R its circumradius, r its inradius, and x, y and z the inradii of triangle IBC, ICA and IAB respectively. Prove that:

$$\frac{\sin A}{x} + \frac{\sin B}{y} + \frac{\sin C}{z} \leq \frac{4 + 3\sqrt{3}}{2r} + \frac{2}{R}.$$

George Apostolopoulos

388. Prove that in any $ABCD$ inscriptible quadrilateral $AB = a; BC = b; CD = c; AD = d; F = \text{Area } [ABCD]$ the following relationship holds:

$$\cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2} \cos \frac{D}{2} \leq \frac{F^2}{4abcd}.$$

Daniel Sitaru

389. Let a, b, c be the side lengths of a triangle ABC with circumradius R and inradius r . Prove that:

$$\frac{1}{4R^2} \leq \frac{1}{(a+b)(b+c)} + \frac{1}{(b+c)(c+a)} + \frac{1}{(c+a)(a+b)} \leq \frac{1}{16r^2}.$$

George Apostolopoulos

390. Prove that in any $ABCD$ inscriptible quadrilateral $AB = a; BC = b; CD = c; AD = d; F = \text{Area } [ABCD]$ the following relationship holds:

$$a^2 - b^2 - c^2 + d^2 + 4F \leq 2\sqrt{2}(ad + bc)$$

Daniel Sitaru

391. Let a, b and c be the side lengths of a triangle ABC with circumradius R and inradius r . Prove that:

$$\begin{aligned} \text{a. } & \frac{1}{a} \sqrt{\frac{a}{b+c-a}} + \frac{1}{b} \sqrt{\frac{b}{c+a-b}} + \frac{1}{c} \sqrt{\frac{c}{a+b-c}} \geq \frac{\sqrt{3}}{R}; \\ \text{b. } & \frac{1}{\sin^2 A} + \frac{1}{\sin^2 B} + \frac{1}{\sin^2 C} \leq \left(\frac{R}{r}\right)^2. \end{aligned}$$

George Apostolopoulos

392. Prove that in any ABC acute-angled triangle the following relationship holds:

$$\sum (\tan A + \tan B)(\tan B + \tan C) > 6 \tan A \tan B \tan C.$$

Daniel Sitaru

393. If $0 < a \leq b$ then:

$$\left(1 + \frac{a+3b}{4}\right)^{3a+b} \leq \left(1 + \frac{3a+b}{4}\right)^{a+3b}.$$

Daniel Sitaru

394. Let be $P \in \text{Int}(\Delta ABC)$; $PA = x$; $PB = y$; $PC = z$. Prove that:

$$(ax + by - cz)(ax - by + cz)(by + cz - ax) \leq abcxyz$$

where $AB = c$; $BC = a$; $CA = b$.

Daniel Sitaru

395. Let a, b and c be the side lengths of a triangle ABC with inradius r . Prove that:

$$\frac{1}{(a+b-\sqrt{ab})^2} + \frac{1}{(b+c-\sqrt{bc})^2} + \frac{1}{(c+a-\sqrt{ca})^2} \leq \frac{1}{4r^2}.$$

George Apostolopoulos

396. Prove that in any ABC triangle the following relationship holds:

$$\cos \frac{A}{2} + \cos \frac{B}{2} + \cos \frac{C}{2} > \frac{1}{2R} (m_a + m_b + m_c).$$

Daniel Sitaru

397. Let a, b, c be the lengths of the sides of a triangle ABC with inradius r , circumradius R , and let m_a, m_b, m_c be the lengths of the medians of triangle ABC . Prove that:

$$9\sqrt{3}r \cdot \sqrt[3]{\frac{r}{4R}} \leq \frac{m_a^2}{a} + \frac{m_b^2}{b} + \frac{m_c^2}{c} \leq \frac{9R}{8r} \sqrt{6R \cdot (R-r)}.$$

George Apostolopoulos

398. Prove that in ABC triangle the following relationship holds:

$$\frac{1}{b+c} h_a \cos A + \frac{1}{c+a} h_b \cos B + \frac{1}{a+b} h_c \cos C < \sum \frac{bc}{b^2 + c^2}.$$

Daniel Sitaru

399. Let a, b, c be the lengths of sides of a triangle ABC with semiperimeter s and inradius r and let x, y, z be the distances from the incentre of $\triangle ABC$ to the vertices A, B, C respectively. Prove that:

$$\frac{9\sqrt{2} \cdot r}{2s} \leq \frac{\sqrt{x}}{a} + \frac{\sqrt{y}}{b} + \frac{\sqrt{z}}{c} \leq \frac{1}{r} \sqrt{\frac{s \cdot \sqrt{3}}{6}}.$$

George Apostolopoulos

400. Prove that in ABC triangle the following relationship holds:

$$\frac{h_b^5 h_c^4}{h_a^{10}} + \frac{h_c^5 h_a^4}{h_b^{10}} + \frac{h_a^5 h_b^4}{h_c^{10}} \geq 3 \sqrt[3]{\frac{R}{2S^2}}.$$

Daniel Sitaru

401. Let a, b, c be the side lengths of a triangle ABC with inradius r and circumradius R . Prove that:

$$(b^4 + c^4) \sin^2 A + (c^4 + a^4) \sin^2 B + (a^4 + b^4) \sin^2 C \leq \frac{81}{4} (3R^4 - 16r^4).$$

George Apostolopoulos

402. Prove that in any ABC triangle the following relationship holds:

$$\frac{1}{2}(ab + bc + ca) \leq 2sR + 2F \left(\frac{\cos B}{\sin A} + \frac{\cos C}{\sin B} + \frac{\cos A}{\sin C} \right).$$

Daniel Sitaru

403. A triangle with side lengths a, b, c has perimeter equal to 3. Prove that:

$$\begin{aligned} \text{a. } & \frac{(9-4a)(9-4b)(9-4c)}{(a+b)^2(b+c)^2(c+a)^2} < \frac{64}{27}; \\ \text{b. } & a^3 + b^3 + c^3 + a^4 + b^4 + c^4 \geq 2(a^2b^2 + b^2c^2 + c^2a^2). \end{aligned}$$

George Apostolopoulos

404. Prove that in any ABC triangle the following relationship holds:

$$\prod \frac{(a+b-c)^3 + (b+c-a)^3}{(a+b-c)^2 + (a+b-c)(b+c-a) + (b+c-a)^2} \geq \frac{8abc}{27}.$$

Daniel Sitaru

405. Let ABC be a triangle with inradius r and circumradius R . Prove that:

$$\begin{aligned} \text{a. } & \frac{8\sqrt{3}}{3} \leq \frac{1}{\cos^3 \frac{A}{2}} + \frac{1}{\cos^3 \frac{B}{2}} + \frac{1}{\cos^3 \frac{C}{2}} \leq \frac{2\sqrt{3}}{3} \left(\frac{R}{r} \right)^2; \\ \text{b. } & 9 \left(\frac{r}{R} \right)^2 \leq \cos^2 \frac{A}{2} + \cos^2 \frac{B}{2} + \cos^2 \frac{C}{2} \leq \frac{9}{4}. \end{aligned}$$

George Apostolopoulos

406. Prove that if $x, y, z \in (0, \infty)$ then:

$$\frac{x^6}{(2y+3z)^6 \sin^4 \frac{\pi}{18}} + \frac{y^6}{(2z+3x)^6 \cos^4 \frac{\pi}{9}} + \frac{z^6}{(2x+3y)^6 \cos^4 \frac{2\pi}{9}} > \frac{4}{3^3 \cdot 5^6}.$$

Daniel Sitaru

407. Let a, b, c be the sides lengths of an acute triangle ABC . Prove that:

$$a \cdot \cos B \cdot \cos C + b \cdot \cos C \cdot \cos A + c \cdot \cos A \cdot \cos B < \sqrt{\frac{2}{3}(a^2 + b^2 + c^2)}.$$

George Apostolopoulos

408. Prove that if $P \in \text{Int}(\Delta ABC)$; $PA = x$; $PB = y$; $PC = z$ then:

$$(ax + by + cz)^3(ax + by - cz)(ax - by + cz)(by + cz - ax) \leq \leq 27(abcxyz)^2$$

Daniel Sitaru

409. Let ABC be a triangle such that $\cos(2A) + \cos(2B) + \cos(2C) + 1 = 0$, and let a, b, c and R be the edge-lengths and the circumradius of the triangle ABC . Prove that:

$$R \geq \frac{\sqrt{2(a^2 + b^2 + c^2)}}{4}.$$

George Apostolopoulos

410. Prove that if $P \in \text{Int}(\Delta ABC)$; $PA = x$; $PB = y$; $PC = z$ then:

$$27(by + cz - ax)(ax + cz - by)(ax + by - cz) \leq (ax + by + cz)^3.$$

Daniel Sitaru

411. Let ABC denote a triangle, I its incenter, s its semiperimeter and R_a, R_b and R_c the circumradii of triangles IBC, ICA , and IAB , respectively. Prove that:

$$\text{a. } \frac{a}{R_a} + \frac{b}{R_b} + \frac{c}{R_c} \leq 3\sqrt{3};$$

$$\text{b. } R_a + R_b + R_c \geq \frac{2s\sqrt{3}}{3}.$$

George Apostolopoulos

412. Prove that if $P \in \text{Int}(\Delta ABC)$; $PA = x$; $PB = y$; $PC = z$ then:

$$(a^2x^2 + b^2y^2 + c^2z^2)^2 \geq \geq 3(ax + by + cz)(ax + by - cz)(ax - by + cz)(by + cz - ax).$$

Daniel Sitaru

413. Let m_a, m_b, m_c be the lengths of the medians of a triangle ABC . Prove that

$$\frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \leq \frac{R}{2r^2}$$

where r and R are inradius and circumradius of ABC , respectively.

George Apostolopoulos

414. Prove that if $P \in \text{Int}(\Delta ABC)$; $PA = x$; $PB = y$; $PC = z$ then:

$$\frac{a^2x^2 + b^2y^2 + c^2z^2}{a^2b^2c^2x^2y^2z^2} \leq \leq \frac{1}{(ax + by + cz)(ax + by - cz)(ax - by + cz)(by + cz - ax)}.$$

Daniel Sitaru

415. Let a, b, c be the lengths of the sides of a triangle, and let r be the inradius of the triangle. Prove that:

$$3\sqrt[3]{a^2b^2c^2} + \sqrt{3(a^4 + b^4 + c^4)} \geq 72r^2.$$

George Apostolopoulos

416. Prove that if $P \in \text{Int}(\triangle ABC)$; $PA = x$; $PB = y$; $PC = z$ then:

$$(ax + by + cz)^3 (ax + by - cz)^3 (ax - by + cz)^3 (by + cz - ax)^3 \leq \\ \leq 27(abcxyz).$$

Daniel Sitaru

417. Let n be a positive integer. Prove that in any acute triangle ABC

$$\frac{\cos^n\left(\frac{A}{2}\right)}{\sin^2\left(\frac{A}{2}\right) + \cos^n\left(\frac{A}{2}\right)} + \frac{\cos^n\left(\frac{B}{2}\right)}{\sin^2\left(\frac{B}{2}\right) + \cos^n\left(\frac{B}{2}\right)} + \frac{\cos^n\left(\frac{C}{2}\right)}{\sin^2\left(\frac{C}{2}\right) + \cos^n\left(\frac{C}{2}\right)} \leq \frac{3s^{\frac{n}{3}}}{r^{\frac{n}{3}} + s^{\frac{n}{3}}}$$

where s and r denote the semiperimeter and the inradius of $\triangle ABC$, respectively.

George Apostolopoulos

418. Prove that in any ABC triangle the following relationship holds:

$$9 \sum \frac{a^5}{(b+c-a)^2} \geq 8s(s_a r_a + s_b r_b + s_c r_c)$$

where s_a, s_b, s_c are simedians lengths in $\triangle ABC$.

Daniel Sitaru

419. Let ABC be a triangle with $a = BC, b = CA, c = AB$ and R be its circumradius. Prove that:

$$\frac{b+c-a}{\cos\frac{A}{2}} + \frac{c+a-b}{\cos\frac{B}{2}} + \frac{a+b-c}{\cos\frac{C}{2}} \leq 6R.$$

George Apostolopoulos

420. Prove that in any acute-angled ABC triangle the following relationship holds:

$$(\tan A \tan B - \cot A \cot B) \cdot (\tan B \tan C - \cot B \cot C) \cdot \\ \cdot (\tan C \tan A - \cot C \cot A) \geq \frac{512}{27}.$$

Daniel Sitaru

421. Let ABC be a triangle with $a = BC, b = AC, c = AB$, and S, G be the symmedian point and the centroid point respectively. Let R, r be the circumradius and inradius respectively of $\triangle ABC$. Prove that:

$$a(b+c) \left(\frac{AS}{AG}\right)^2 + b(c+a) \left(\frac{BS}{BG}\right)^2 + c(a+b) \left(\frac{CS}{CG}\right)^2 \geq 18 \frac{(2r)^6}{R^4}.$$

George Apostolopoulos

422. Prove that if $a, b, c > 0$ then:

$$\sqrt{\frac{a}{b+c}} + 2\sqrt{\frac{b}{c+a}} + 4\sqrt{\frac{c}{a+b}} \leq \sqrt{7\left(\frac{a}{b+c} + \frac{2b}{c+a} + \frac{4c}{a+b}\right)}.$$

Daniel Sitaru

423. Prove that in any triangle ABC

a. $\frac{a^2}{w_b w_c} + \frac{b^2}{w_c w_a} + \frac{c^2}{w_a w_b} \geq 4;$

b. $\left(\frac{a}{w_b w_c}\right)^2 + \left(\frac{b}{w_c w_a}\right)^2 + \left(\frac{c}{w_a w_b}\right)^2 \geq \left(\frac{4}{3R}\right)^2,$

where R is the circumradius of ΔABC and w_a is the length of the internal bisector of angle A opposite side a .

George Apostolopoulos

424. Prove that if $x, y, z > 0$ then:

$$\sqrt{\frac{x}{y}} + 2\sqrt{\frac{y}{z}} + 3\sqrt{\frac{z}{x}} \leq \sqrt{6\left(\frac{x}{y} + \frac{2y}{z} + \frac{3z}{x}\right)}.$$

Daniel Sitaru

425. Prove that in any triangle ABC

$$\sum \frac{\sin^n \frac{A}{2}}{\sin^n \frac{A}{2} + \cos^n \frac{A}{2}} \leq \frac{3 \cdot 2^{-\frac{n}{3}} R^{\frac{n}{3}}}{r^{\frac{n}{3}} + s^{\frac{n}{3}}},$$

for each n positive integer, where $s, r,$ and R are the semiperimeter, the inradius, and the circumradius respectively of the triangle ABC . The sum is over all cyclic permutation of (A, B, C) .

George Apostolopoulos

426. Prove that in any ABC triangle the following relationship holds:

$$3\sqrt{\frac{m_a}{m_b} + \frac{2m_b}{m_c} + \frac{6m_c}{m_a}} \geq \sqrt{\frac{h_a}{m_b}} + 2\sqrt{\frac{h_b}{m_c}} + 6\sqrt{\frac{h_c}{m_a}}.$$

Daniel Sitaru

427. Let ABC be an acute triangle with sides a, b, c with $a < b < c$ opposite the angles A, B, C (measured in radians) respectively. Prove that:

$$2\left(a^2 \cdot \frac{a-b}{A-B} + b^2 \cdot \frac{b-c}{B-C} + c^2 \cdot \frac{c-a}{C-A}\right)^2 < (a^2 + b^2 + c^2)^3.$$

George Apostolopoulos

428. Prove that in any ABC triangle the following relationship is true:

$$2\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right) - \left(\frac{a}{bc} + \frac{b}{ca} + \frac{c}{ab}\right) \leq \frac{3}{\sqrt[3]{(b+c-a)(c+a-b)(a+b-c)}}.$$

Daniel Sitaru

429. In all acute triangles ABC holds:

$$\frac{\sin^3 A + \sin^3 B + \sin^3 C}{\cos A \cdot \cos B \cdot \cos C} \geq 9\sqrt{3}.$$

George Apostolopoulos

430. Prove that if $a \neq b$ in ABC triangle then the following relationship is true:

$$\frac{(2b + 2c - 3\sqrt[3]{abc})(1 + (\sqrt{a} - \sqrt{b})^2)}{(\sqrt{a} - \sqrt{b})^2(1 + a + b + c - 3\sqrt[3]{abc})} > 1.$$

Daniel Sitaru

431. a. Let ABC be a triangle. Prove that:

$$\sin A + \sin B + \sin C - \sin A \cdot \sin B \cdot \sin C < 2.$$

b. Let $ABCD$ be a convex quadrilateral. Prove that:

$$\sin A + \sin B + \sin C + \sin D - \sin A \cdot \sin B \cdot \sin C \cdot \sin D \leq 3.$$

George Apostolopoulos

432. Prove that in any ABC acute-angled triangle the following relationship is true:

$$A^2 + B^2 + C^2 + \cos A + \cos B + \cos C + \ln|\cos A \cos B \cos C| < 3.$$

Daniel Sitaru

433. Let a, b and c be the lengths of the sides of an acute triangle ABC with circumradius R . Prove that:

$$8R^6 - (ab + bc + ca)R^4 + \left(\frac{abc}{4}\right)^2 > 0.$$

George Apostolopoulos

434. Prove that if a, b, c are the length sides in $\triangle ABC$ then:

$$\sqrt{a+b} + \sqrt{a+2b+2\sqrt{b(a+b-c)}} > \sqrt{2a+b+2\sqrt{ac}}.$$

Daniel Sitaru

435. Prove that in any triangle ABC :

$$\sqrt{(\sin A + \sin B + \sin C)(\sin^3 A + \sin^3 B + \sin^3 C)} < \frac{9}{2}.$$

George Apostolopoulos

436. Let N be the Nagel point in $\triangle ABC$. Prove that:

$$\left(3 \prod AN - \sum AN^3\right)^2 \leq \left(\sum a^2 + 12r^2 - 4\sqrt{3}F\right)^3.$$

Daniel Sitaru

437. Let a, b and c be the side lengths of a triangle ABC with inradius r and circumradius R . Prove that:

$$a\sqrt{\frac{b}{c}} + b\sqrt{\frac{c}{a}} + c\sqrt{\frac{a}{b}} \leq \frac{3\sqrt{6}}{2}R\sqrt{\frac{R}{r}}.$$

George Apostolopoulos

438. Prove that if in ABC triangle $a \neq b \neq c \neq a$ then:

$$\frac{2s+a}{(b-a)(c-a)\sin A} + \frac{2s+b}{(c-b)(a-b)\sin B} + \frac{2s+c}{(a-c)(b-c)\sin C} > \frac{2}{R}.$$

Daniel Sitaru

439. Let a, b, c be the lengths of the sides of a triangle ABC with inradius r . Prove that:

$$\frac{\tan \frac{A}{2}}{a^3} + \frac{\tan \frac{B}{2}}{b^3} + \frac{\tan \frac{C}{2}}{c^3} \leq \frac{1}{24r^3}.$$

George Apostolopoulos

440. Prove that in any ABC acute-angled triangle the following relationship holds:

$$2F^2 \sum (\sin A + \cos A + \tan A + \cot A) > 81\pi R^4 \prod \cos A.$$

Daniel Sitaru

441. Let ABC be a triangle and let x, y, w be positive real numbers such that $x^4 + y^4 + w^4 = 6xyw$. Prove that:

$$x \cdot \cos A + y \cdot \cos B + w \cdot \cos C \leq 3.$$

George Apostolopoulos

442. Prove that if $x, y, z > 0$ then:

$$\sqrt{x^2 - xy\sqrt{3} + y^2} + \sqrt{y^2 - yz\sqrt{3} + z^2} + \sqrt{z^2 - zx\sqrt{3} + x^2} \geq \frac{\sqrt{2}}{3}(x + y + z).$$

Daniel Sitaru

443. Let ABC be a triangle with inradius r and circumradius R . Prove that:

$$\cot A + \cot B + \cot C \leq \sqrt{3} \cdot \left(\frac{R}{2r}\right)^2.$$

George Apostolopoulos

444. Prove that in any ABC triangle the following relationship holds:

$$R(\sin A \sin 5A + \sin B \sin 5B + \sin C \sin 5C) < 10(2R - r).$$

Daniel Sitaru

445. Let ABC be a triangle. Prove that:

$$\frac{(\sin A + \sin B)^2}{\sin C} + \frac{(\sin B + \sin C)^2}{\sin A} + \frac{(\sin C + \sin A)^2}{\sin B} \leq \frac{3\sqrt{3}}{4 \sin \frac{A}{2} \cdot \sin \frac{B}{2} \cdot \sin \frac{C}{2}}$$

George Apostolopoulos

446. Prove that in an ABC acute-angled triangle the following relationship holds:

$$\sum \frac{1}{\sin 2B + \sin 2C - \sin 2A} \geq \frac{3}{\sqrt[3]{\sin 2A \sin 2B \sin 2C}} \geq 2\sqrt{3}.$$

Daniel Sitaru

447. For a triangle ABC , prove that:

$$9\sqrt{3} \prod \cos A \leq \sum \sin^3 A \leq \frac{3\sqrt{3}}{2} \sum \sin^2 \frac{A}{2}$$

where the sums and product are taken all the angles of the triangle.

George Apostolopoulos

448. Prove that in an ABC acute-angled triangle the following relationship holds:

$$\frac{a^3 \cos^2 A}{\arctan \frac{1}{2}} + \frac{b^3 \cos^3 B}{\arctan \frac{1}{5}} + \frac{c^3 \cos^3 C}{\arctan \frac{1}{8}} \geq \frac{32r^3 s^3}{3\pi R^3}.$$

Daniel Sitaru

449. Let r, r_a, r_b, r_c be, respectively, the inradius and the exradii of a triangle ABC with side lengths a, b, c . Prove that:

$$\frac{(r \cdot r_a)^2}{a^4} + \frac{(r \cdot r_b)^2}{b^4} + \frac{(r \cdot r_c)^2}{c^4} \leq \frac{3}{16}.$$

George Apostolopoulos

450. Prove that in an ABC acute-angled triangle the following relationship holds:

$$a^4 \cos^3 A \sin B \sin C + b^4 \cos^3 B \sin C \sin A + c^4 \cos^3 C \sin A \sin B \geq \frac{8r^4 s^4}{9R^4}.$$

Daniel Sitaru

451. Let a, b, c be the side lengths of a triangle ABC with inradius r , and circumradius R . Prove that:

$$\frac{1}{a^3} \tan \frac{A}{2} + \frac{1}{b^3} + \tan \frac{B}{2} + \frac{1}{c^3} \tan \frac{C}{2} \leq \frac{R}{48r^4}.$$

George Apostolopoulos

452. Prove that in any ABC triangle the following relationship holds:

$$\frac{ab}{c(a+b)^2} + \frac{bc}{a(b+c)^2} + \frac{ca}{b(c+a)^2} \geq \frac{\sqrt{3}}{4R}.$$

Daniel Sitaru

453. Let r, r_a, r_b, r_c be, respectively, the inradius, and the exradii of a triangle ABC with side lengths a, b, c . Prove that:

$$\begin{aligned} \text{a. } & \frac{b+c}{\sqrt{r \cdot r_a}} + \frac{c+a}{\sqrt{r \cdot r_b}} + \frac{a+b}{\sqrt{r \cdot r_c}} \geq 12; \\ \text{b. } & \frac{(r \cdot r_a)^n}{a^{2n}} + \frac{(r \cdot r_b)^n}{b^{2n}} + \frac{(r \cdot r_c)^n}{c^{2n}} \leq \frac{3}{4^n}, \text{ for each integer } n \geq 0. \end{aligned}$$

George Apostolopoulos

454. Prove that in any ABC acute-angled triangle the following relationship holds:

$$2 \left(\sum \cot A \cot B \right) \left(\sum \frac{\cot A \tan B \tan C}{\tan B + \tan C} \right) \geq \left(\sum \cot A \right)^2.$$

Daniel Sitaru

455. Let a, b and c be the side lengths of a triangle ABC , with circumradius R and inradius r . Prove that:

$$\frac{\tan \frac{A}{2} + \tan \frac{B}{2}}{a + b} + \frac{\tan \frac{B}{2} + \tan \frac{C}{2}}{b + c} + \frac{\tan \frac{C}{2} + \tan \frac{A}{2}}{c + a} \leq \frac{1}{r} - \frac{1}{R}.$$

George Apostolopoulos

456. Prove that in any ABC triangle the following relationship holds:

$$\frac{1}{R} \sum \frac{m_c}{a + b} < \sum \frac{m_c}{aR + br} < \frac{1}{2R} \left(3 + \sum \frac{b}{a} \right).$$

Daniel Sitaru

457. Let a, b, c be positive real numbers such that $abc = 1$, and let x, y, z be real numbers such that $xy + yz + zx \geq 3$. Prove that:

$$(3x^2 + 10) \cdot \frac{a^3 + b^3}{a^2 + ab + b^2} + (3y^2 + 10) \cdot \frac{b^3 + c^3}{b^2 + bc + c^2} + (3z^2 + 10) \cdot \frac{c^3 + a^3}{c^2 + ca + a^2} \geq 26.$$

George Apostolopoulos

458. Prove that in any ABC triangle the following relationship holds:

$$a\sqrt{b} + b\sqrt{c} + c\sqrt{a} \leq 3R\sqrt{2s}.$$

Daniel Sitaru

459. In a triangle ABC , points D and E respectively divide the sides AB and AC in the ratios $\frac{AD}{BD} = m$, and $\frac{AE}{CE} = n$. The segments BE and CD intersect in a point O .

Prove that $[DOE] \leq \frac{\sqrt[4]{m \cdot n}}{4} ([BOD] + [COE])$, where $[XYZ]$ represents the area of triangle XYZ .

George Apostolopoulos

460. Prove that in any ABC triangle the following relationship holds:

$$\sum \frac{\sin^8 A + \sin^4 A + \cos^8 A + \cos^4 A}{\sin^6 A + \sin^4 A + \cos^4 A + \cos^6 A} \geq \frac{12r}{R}.$$

Daniel Sitaru

461. In a triangle ABC , let l_a, l_b, l_c be the lengths of the internal angle bisectors, let m_a, m_b, m_c be the lengths of the medians, and let R be the circumradius. Prove that:

$$\frac{l_a^2}{m_a} + \frac{l_b^2}{m_b} + \frac{l_c^2}{m_c} \leq \frac{9}{2}R.$$

George Apostolopoulos

462. Prove that in any ABC triangle the following relationship holds:

$$\sum \left(\frac{am_a}{m_b} + b \right)^2 + \sum \left(\frac{am_b}{m_a} + b \right)^2 \geq 4(3s^2 - r^2 - 4Rr).$$

Daniel Sitaru

463. Let ABC be a triangle and (I, r) its incircle. The circle (I_a, r_a) is externally tangent to the circle (I, r) and internally tangent to the sides AB and AC of the triangle. The circles (I_B, r_b) and (I_C, r_c) are defined similarly. Prove that:

$$\left(\frac{r+r_a}{r-r_a}\right)^n + \left(\frac{r+r_b}{r-r_b}\right)^n + \left(\frac{r+r_c}{r-r_c}\right)^n \geq 3(n+1)$$

for each natural number n .

George Apostolopoulos

464. Prove that in ABC triangle the following relationship holds:

$$\sum \sqrt{a^2 + (2s-a)^2 + 2a(2s-a) \cos A} < 6s.$$

Daniel Sitaru

465. Let ABC be a triangle and (I, r) its incircle. The circle (I_A, r_A) is externally to the circle (I, r) and internally tangent to the sides AB and AC of the triangle. The circles (I_B, r_B) and (I_C, r_C) are defined similarly. Prove that:

$$\text{a. } r_A + r_B + r_C \geq r; \quad \text{b. } \frac{(r-r_A)^2}{rr_A} + \frac{(r-r_B)^2}{rr_B} + \frac{(r-r_C)^2}{rr_C} \geq 4.$$

George Apostolopoulos

466. Prove that in any ABC triangle the following relationship holds:

$$2 \sum a^4 < 2 \sum b^2 c^2 \cos 2A + \sum a^2 (b+c)^2.$$

Daniel Sitaru

467. The incircle of the right triangle ABC ($A = 90^\circ$) touches the sides BC, CA, AB at the points L, M, N , respectively. Prove that:

$$\left(\frac{LM}{AB}\right)^4 + \left(\frac{LN}{AC}\right)^4 \geq 2 \left(\frac{MN}{BC}\right)^2.$$

George Apostolopoulos

468. Prove that if $x, y, z \in [0, \infty)$ then

$$\sqrt{x^2 - xy\sqrt{3} + y^2} + \sqrt{y^2 - yz\sqrt{2} + z^2} \geq \sqrt{x^2 - xz + z^2}.$$

Daniel Sitaru

469. Let $ABCD$ be a convex quadrilateral and O be the intersection point of the diagonals, and let K and L be points on side CD such that $OK \parallel AD$ and $OL \parallel BC$. If $DK^2 + LC^2 = KL^2$, then determine the ratio of the areas of $ABCD$ and OCD .

George Apostolopoulos

470. Prove that in any ABC triangle the following relationship holds:

$$3 \sum \frac{1}{a^2 + ab + b^2} \leq \frac{1}{6F} \sum \sin A.$$

Daniel Sitaru

471. Let ABC be a triangle such that $\sphericalangle B = 2\sphericalangle C$. We extend the side BC by a segment CD equal to $\frac{1}{3}BC$. Prove that:

$$Area(ABC) = \frac{1}{4}|BC|^2 \cdot \cot \frac{\theta}{2}, \text{ where } \theta = \sphericalangle BAD.$$

George Apostolopoulos

472. Prove that in any ABC acute-angled triangle the following relationship holds:

$$\prod (a^{\cos A}) \cdot (\cos A)^a \leq \frac{(\sum \cos A)^{2s} \cdot (2p)^{\sum \cos A}}{3^{2s+\sum \cos A}}.$$

Daniel Sitaru

473. Triangle ABC is isosceles with $AB = AC$ and $\sphericalangle A = 100^\circ$. Let D be the point on AB such that $\sphericalangle BCD = 10^\circ$ and let E be the point on BC such that $EC = AC$. Determine the point K on CD such that triangles KAD and KCE have equal areas.

George Apostolopoulos

474. Prove that in ABC triangle $a \neq b \neq c \neq a$ then:

$$\sum \frac{a+b}{(c-a)(c-b) \sin C} \geq \frac{2}{R}.$$

Daniel Sitaru

475. Given a square $ABCD$ with side length a . Points K and L are on BC and CD , respectively, such that the perimeter of ΔKCL is a $2a$. Determine the measures of the angles of ΔAKL which minimize its area.

George Apostolopoulos

476. In ABC triangle let be ω - Brocard angle and Ω - first Brocard point of ΔABC . Prove that:

$$a^2 + b^2 + c^2 \leq 4F \cot \omega \left(\frac{\Omega A \cdot \Omega B}{ab} + \frac{\Omega B \cdot \Omega C}{bc} + \frac{\Omega C \cdot \Omega A}{ca} \right).$$

Daniel Sitaru

477. Let ABC be a triangle with incentre I through which an arbitrary line passes meeting sides AB and AC at the points D and E respectively. Show that:

$$\frac{1}{r} \geq \frac{1}{AD} + \frac{1}{AE}.$$

George Apostolopoulos

478. Prove that in any ABC triangle the following relationship holds:

$$\frac{1}{\sin A} + \frac{1}{\sin B} + \frac{1}{\sin C} \geq \sqrt{4 + \frac{2\sqrt{a^2b^2 + b^2c^2 + c^2a^2}}{F}}.$$

Daniel Sitaru

479. Let ABC be a triangle with incentre I through which an arbitrary line passes meeting sides AB and AC at the points D and E respectively. Show that:

$$\frac{[ABC]^2}{[ADE]} \leq \frac{27}{4} \cdot \frac{R^3}{BC},$$

where R and $[XYZ]$ are the circumradius of ΔABC and the area of ΔXYZ respectively.

George Apostolopoulos

480. Prove that in any ABC triangle the following relationship holds:

$$a^6 + b^6 + c^6 \geq 8r^2s \sum \frac{a^5}{b^2 - bc + c^2}.$$

Daniel Sitaru

481. Let ABC be an isosceles triangle with $AB = AC$ and $\sphericalangle A = 100^\circ$. On side AB we get the inner point D so that $\sphericalangle BCD = 10^\circ$ and on the side BC we get inner point E so that $EC = AC$. Find an inner point K of the segment CD so that KAD and KCE triangles have equal areas.

George Apostolopoulos

482. If $a, b, c > 0$ then the following relationship holds:

$$\int_a^{2a} \left(\int_b^{2b} \left(\int_c^{2c} \left(\frac{1}{x+y} + \frac{1}{y+z} + \frac{1}{z+x} \right) dx \right) dy \right) dz \leq \ln \sqrt{2^{ab+bc+ca}}.$$

Daniel Sitaru

483. Let ABC be a triangle. Prove that:

$$\sin \frac{A}{2} \cdot \sin B \cdot \sin C + \sin A \cdot \sin \frac{B}{2} \cdot \sin C + \sin A \cdot \sin B \cdot \sin \frac{C}{2} \leq \frac{9}{8}.$$

George Apostolopoulos

484. If $a, b, c > 0$ then the following relationship holds:

$$\frac{a}{2017a + b + c} + \frac{b}{a + 2017b + c} + \frac{c}{a + b + 2017c} \leq \frac{3}{2019}.$$

Daniel Sitaru

485. For an acute triangle ABC and a positive integer n , prove that:

$$\left(\sum (\sin A \cdot \sin B \cdot \sin C)^{\frac{1}{n}} \right)^n \leq \frac{3^{n+1}}{8},$$

where the sum is over all cyclic permutations of (A, B, C) .

George Apostolopoulos

486. In ΔABC the following relationship holds:

$$\sum c^2 (1 + a + b + ab) \left(1 + \frac{1}{a} + \frac{1}{b} + \frac{1}{ab} \right) \geq 64\sqrt{3}F.$$

Daniel Sitaru

487. Let a, b and c be the lengths of the sides of a triangle ABC with circumradius R and inradius r . Prove that:

$$\frac{R}{r} \geq \frac{2}{3}(\cos A + \cos B + \cos C) + \frac{a^3 + b^3 + c^3}{3abc}.$$

George Apostolopoulos

488. If $1 < x < y$ then the following relationship holds:

$$\frac{1}{x^{x-1}} > \frac{1}{y^{y-1}}.$$

Daniel Sitaru

489. For an acute triangle ABC prove that:

$$\sum \frac{\sec A}{\sqrt{\cos A + \cos B}} \geq 6,$$

where the sum Σ is over all cyclic permutations of (A, B, C) .

George Apostolopoulos

490. In ΔABC the following relationship holds:

$$\prod \left(\frac{b^2}{\sin^2 \frac{B}{2}} + \frac{c^2}{\sin^2 \frac{C}{2}} - \frac{a^2}{\sin^2 \frac{A}{2}} \right) \leq \prod \left(\frac{a}{\sin \frac{A}{2}} \right)^2.$$

Daniel Sitaru

491. In all triangle ABC holds:

$$160 \cdot \sum_{cyc} \left(\frac{A}{\pi} \right)^2 - 27 \sum_{cyc} \left(1 - 2 \frac{A}{\pi} \right)^5 \geq 53.$$

George Apostolopoulos

492. In ΔABC the following relationship holds:

$$4F \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{2m_c} \right) < \sqrt{3}(a + b + 2m_c).$$

Daniel Sitaru

493. In all triangle ABC holds:

$$\begin{aligned} \text{a. } & \frac{4s^2 r}{R} \leq \frac{h_a^3 + h_b^3}{r_c} + \frac{h_b^3 + h_c^3}{r_a} + \frac{h_c^3 + h_a^3}{r_b} \leq 2s^2, \text{ where } s = \frac{a + b + c}{2}; \\ \text{b. } & \frac{3}{2R} \leq \frac{r_a}{a^2} + \frac{r_b}{b^2} + \frac{r_c}{c^2} \leq \frac{3}{4r}. \end{aligned}$$

George Apostolopoulos

494. If $f: [a, b] \rightarrow \mathbb{R}, ab \geq 0, f$ - continuous, f - increasing, then:

$$(\sqrt{a} + \sqrt{b}) \int_a^{\sqrt{ab}} f(x) dx \leq \sqrt{a} \int_a^b f(x) dx.$$

Daniel Sitaru

495. Let a, b and c be the lengths of the sides of a triangle, let R and s be the circumradius and the semiperimeter, respectively. Prove that:

$$\left(\frac{a}{b}\right)^n + \left(\frac{b}{c}\right)^n + \left(\frac{c}{a}\right)^n \geq 3^{1-n} \cdot \left(\frac{2s}{R}\right)^{\frac{2n}{3}},$$

for each natural number n .

George Apostolopoulos

496. If $a, b, c, d > 0$ then the following relationship holds:

$$\sum a \arctan a \geq \sum \sqrt[3]{bcd} \arctan a \geq 4 \sqrt[4]{abcd} \prod \arctan a.$$

Daniel Sitaru

497. Prove that in all non-obtuse angled triangle ABC holds:

$$\sum_{cyc} (\sin A \cdot \sin B \cdot \cos C)^{\frac{1}{2}} \leq \frac{3\sqrt{6}}{4}.$$

George Apostolopoulos

498. If $a, b, c > 0, a^2 + b^2 + c^2 = 3$ then the following relationship holds:

$$\sum (a+b)c^2 + \frac{a^2}{bc} + \frac{b^2}{ca} + \frac{c^2}{ab} \geq 9.$$

Daniel Sitaru

499. Prove that in any triangle ABC :

$$27(\cos A + \cos B + \cos C) - 4(\cos^3 A + \cos^3 B + \cos^3 C) \leq 39.$$

George Apostolopoulos

500. If $a, b, c > 0$ then:

$$4ab \cdot \arctan\left(\frac{c}{b}\right) + 4bc \cdot \arctan\left(\frac{a}{c}\right) + 4ca \cdot \arctan\left(\frac{b}{a}\right) \leq \pi(ab + bc + ca).$$

Daniel Sitaru

501. Let ABC be an acute triangle with circumradius R , inradius r , and semiperimeter s . Prove that: $s^2 > r(8R + r)$.

George Apostolopoulos

502. If $a, b, c > 0, a^2 + b^2 + c^2 = 3$ then the following relationship holds:

$$\sum (a+b)\sqrt{a(a+b)} + \sum b\sqrt{a^2+b^2} \leq \sqrt{2}(6+ab+bc+ca).$$

Daniel Sitaru

503. Let ABC be a triangle where R and r are the circumradius and the inradius respectively. Prove that:

$$\begin{aligned} &(\cos A - \cos B - \cos C)^3 - (\cos A - \cos B + \cos C)^3 - \\ & - (\cos A + \cos B - \cos C)^3 + 21\left(\frac{r}{R}\right)^3 \leq \frac{9}{4}. \end{aligned}$$

George Apostolopoulos

504. If $x, y, z \in \mathbb{R}, a > 0, |x| \leq a, |y| \leq a, |z| \leq a$ then:

$$\sqrt{7(a^2 - x^2)} + \sqrt{7(a^2 - y^2)} + \sqrt{7(a^2 - z^2)} + 9\sqrt{xyz} \leq 12a.$$

Daniel Sitaru

505. Let ABC be an acute triangle. Show that:

$$\sum \frac{\cos A \cdot \cos B}{\cos C} \geq \frac{3}{2},$$

where the sum Σ is over all cyclic permutations of (A, B, C) .

George Apostolopoulos

506. If $a, b, c, x, y, z > 0, a + b + c \geq 3$ then the following relationship holds:

$$(ax + by + cz)(ay + bz + cx)(az + bx + cy) \geq \frac{729}{\left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z}\right)^3}.$$

Daniel Sitaru

507. Given an isosceles triangle ABC with $\sphericalangle BAC = 100^\circ$. On the side AB and towards the direction of the point B we select a point D such that $AD = BC$. Prove that:

a. $\frac{CD}{BC} = 2 \sin 40^\circ;$

b. $BC^3 < AC \cdot CD^2.$

George Apostolopoulos

508. Find:

$$\Omega = \int \frac{\cos 2x \cot x \, dx}{(\cot^2 x - \tan^2 x) \sin^3 2x}, x \in \left(0, \frac{\pi}{4}\right).$$

Daniel Sitaru

509. A square $ABCD$ with side length a is given. On the sides BC, CD we consider interior points K, L respectively so that the perimeter of triangle KCL has to be equal to $2a$. If the diagonal BD intersects the segments AK, AL at the points N, M respectively, prove that $\text{Area } \Delta AMN = \text{Area } KLMN$.

George Apostolopoulos

510. If $0 < a < b; 0 < c < d; f, g$ integrable functions $f, g: [a, b] \rightarrow [c, d]$ then:

$$cd \left(\int_a^b \frac{f(x)}{g(x)} \, dx + \int_a^b \frac{g(x)}{f(x)} \, dx \right) < (c^2 + d^2)(b - a).$$

Daniel Sitaru

511. On sides BC, CA and AB of a triangle ABC points A_1, B_1 and C_1 respectively, are taken such that:

$$\frac{A_1B}{A_1C} = \frac{B_1C}{B_1A} = \frac{C_1A}{C_1B} = l.$$

Prove that:

$$\left(\frac{AA_1}{BC}\right)^2 + \left(\frac{BB_1}{CA}\right)^2 + \left(\frac{CC_1}{AB}\right)^2 \geq \left(\frac{3l}{l^2 + 1}\right)^2 \cdot \left(\frac{2r}{R}\right)^4,$$

where R, r are the circumradius and inradius of the triangle ABC respectively.

George Apostolopoulos

512. If $x, y, z \geq 1$ then:

$$\frac{1}{1 + \sqrt{(x-1)(y-1)}} + \frac{1}{1 + \sqrt{(y-1)(z-1)}} + \frac{1}{1 + \sqrt{(z-1)(x-1)}} \geq \frac{3}{\sqrt[3]{xyz}}$$

Daniel Sitaru

513. Let a, b and c be the lengths of the sides of a triangle ABC with $\sphericalangle C = 2\sphericalangle B$.

On the side BC consider a point D such that $\sphericalangle BAD = \frac{1}{4} \sphericalangle C$. Prove that:

a. $\frac{[ADC]}{[ABD]} = \frac{ab - bc + ca}{bc}$, where $[XYZ]$ represents the area of ΔXYZ ;

b. $AD = \frac{c}{b+c} \sqrt{2b^2 + bc}$.

George Apostolopoulos

514. If $a, b, c, d > 0, a + b + c + d = abcd$ then the following relationship holds:

$$(a^3 + b^3 + c^3 + d^3)a^3b^3c^3d^3 \geq 4096.$$

Daniel Sitaru

515. Let ABC be a triangle with circumradius R and inradius r , and let w_a, w_b, w_c be the lengths of the internal bisectors of the angle opposite of the sides of lengths a, b, c , respectively. Prove that:

$$\left(\frac{w_a}{a}\right)^2 \cdot \tan \frac{A}{2} + \left(\frac{w_b}{b}\right)^2 \cdot \tan \frac{B}{2} + \left(\frac{w_c}{c}\right)^2 \cdot \tan \frac{C}{2} \leq \frac{3\sqrt{3}}{8} \cdot \frac{R}{r}.$$

George Apostolopoulos

516. If $0 \leq x, y, z < 1$ then the following relationship holds:

$$\sqrt[3]{\frac{(1+x^3)(1+y^6)(1+z^9)}{(1-x^3)(1-y^6)(1-z^9)}} \geq \frac{1+xy^2z^3}{1-xy^2z^3}$$

Daniel Sitaru

517. Let a, b and c denote, as usual, the lengths of the side BC, CA and AB , respectively, in ΔABC . Let R be the circumradius, r the inradius of ΔABC , and r_a, r_b and r_c the exradii to A, B and C , respectively. Prove that:

a. $\frac{r_a}{a^3} + \frac{r_b}{b^3} + \frac{r_c}{c^3} \leq \frac{\sqrt{3}}{8r^2}$; b. $\frac{3R}{2r} \geq \sqrt{\frac{r_a}{r_b} + \frac{r_b}{r_c} + \frac{r_c}{r_a} + 6}$.

George Apostolopoulos

518. If $a, b, c, x, y, z \geq 0, a + b + c = 1$ then the following relationship holds:

$$\frac{1}{1+x^ay^bz^c} + \frac{1}{1+x^by^cz^a} + \frac{1}{1+x^cy^az^b} \geq \frac{9}{3+x+y+z}.$$

Daniel Sitaru

519. Let a, b, c be the lengths of the sides of a triangle ABC with circumradius R and inradius r . Prove that:

$$\sqrt[3]{\frac{a}{b+c-a}} + \sqrt[3]{\frac{b}{c+a-b}} + \sqrt[3]{\frac{c}{a+b-c}} \leq \frac{3R}{2r}.$$

George Apostolopoulos

520. If $x, y, z > 0$ then:

$$\frac{5x+3y+z}{5z+3y+x} + \frac{5y+3z+x}{5x+3z+y} + \frac{5z+3x+y}{5y+3x+z} \geq 3.$$

Daniel Sitaru

521. Let a, b, c be the side lengths of a triangle ABC , and let r_a, r_b, r_c be the exradii of triangle ABC with inradius r and circumradius R . Prove that:

$$\begin{aligned} \text{a. } & \frac{3}{2R} \leq \frac{r_a}{a^2} + \frac{r_b}{b^2} + \frac{r_c}{c^2} \leq \frac{3}{4r}; \\ \text{b. } & \frac{1}{2R^3} \leq \frac{r_a}{a^4} + \frac{r_b}{b^4} + \frac{r_c}{c^4} \leq \frac{1}{16r^3}. \end{aligned}$$

George Apostolopoulos

522. If $a, b, c \in \mathbb{R}, a+b+c=0$ then the following relationship holds:

$$5 \left(\sum a^3 \right) \left(\sum a^7 \right) \geq 39abc^3 \sqrt{a^2 b^2 c^2} \left(\sum a^5 \right).$$

Daniel Sitaru

523. Let a, b, c be the lengths of the sides of a triangle ABC with circumcenter O , circumradius R and inradius r . Let x, y, z be the distances from O to the sides $\overline{BC}, \overline{AC}, \overline{AB}$ respectively. Prove that:

$$\frac{z}{a} + \frac{x}{b} + \frac{y}{c} \leq \frac{\sqrt{3}}{8} \left(\frac{R}{r} \right)^2.$$

George Apostolopoulos

524. If $x > 0$ then the following relationship holds:

$$\left(1 + \frac{x}{5} \right)^{20} > (1+x) \left(1 + \frac{x}{2} \right)^2 \left(1 + \frac{x}{3} \right)^3 \left(1 + \frac{x}{4} \right)^4.$$

Daniel Sitaru

525. Let $ABCD$ be a cyclic quadrilateral with the lengths of the sides a, b, c, d . Prove that:

$$\frac{a^5 + b^5 + c^5}{a^3 + b^3 + c^3} + \frac{b^5 + c^5 + d^5}{b^3 + c^3 + d^3} + \frac{c^5 + d^5 + a^5}{c^3 + d^3 + a^3} + \frac{d^5 + a^5 + b^5}{d^3 + a^3 + b^3} \geq 4[ABCD],$$

where $[ABCD]$ represents the area of $ABCD$.

George Apostolopoulos

526. If $x, y, z \in \mathbb{R}, x^4 + y^4 + z^4 = 3$ then the following relationship holds:

$$\sum (2x+y)^4 - 7 \sum (x+y)^4 + \sum (x+2y)^4 \leq 150.$$

Daniel Sitaru

527. Let ABC be a triangle with circumradius R and inradius r , and let w_a, w_b, w_c be the lengths of the internal bisectors of the angle opposite of the sides of lengths a, b, c , respectively. Prove that:

$$\frac{3}{8} \cdot \frac{a^2 + b^2 + c^2}{w_a^2 + w_b^2 + w_c^2} \geq \frac{r}{R}.$$

George Apostolopoulos

528. In $\triangle ABC$:

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} > \sum \frac{\sin \frac{A}{3}}{\sin \left(C + \frac{A}{3} \right)}.$$

Daniel Sitaru

529. Let ABC be a triangle such that:

$$\left(\frac{1}{\sin B} + \frac{1}{\sin C} \right) (-\sin A + \sin B + \sin C) = 2.$$

Prove that $\sphericalangle A \leq \frac{\pi}{3}$.

George Apostolopoulos

530. If $a, b, c > 0$ then the following relationship holds:

$$\frac{(\sqrt{a} + \sqrt{b} + \sqrt{c})(\sqrt[4]{a} + \sqrt[4]{b} + \sqrt[4]{c})}{(\sqrt[8]{a} + \sqrt[8]{b} + \sqrt[8]{c})(\sqrt[16]{a} + \sqrt[16]{b} + \sqrt[16]{c})} \geq \sqrt[16]{a^3 b^3 c^3}.$$

Daniel Sitaru

531. In triangle ABC , let A_1, B_1, C_1 be the points opposite A, B, C at which the angle internal bisectors of the triangle meet the opposite sides. Let R and r be the circumradius and inradius of ABC . Let a, b, c be the lengths of the sides opposite A, B, C and let a_1, b_1, c_1 be the lengths of the line segments B_1C_1, C_1A_1, A_1B_1 . Prove that:

$$\left(\frac{a_1}{a} \right)^4 \tan \frac{A}{2} + \left(\frac{b_1}{b} \right)^4 \tan \frac{B}{2} + \left(\frac{c_1}{c} \right)^4 \tan \frac{C}{2} \leq \frac{\sqrt{3}}{64} \left(\frac{R}{r} \right)^2.$$

George Apostolopoulos

532. If $x, y, z > 0$ then the following relationship holds:

$$\sum \frac{\sqrt{x}}{3\sqrt[3]{y} + 5\sqrt{z}} + \frac{\sqrt{xy} + \sqrt{yz} + \sqrt{zx}}{8(x + y + z)} \geq \frac{1}{2}.$$

Daniel Sitaru

533. Prove that in any triangle ABC the inequality:

$$\sqrt[3]{\frac{r_a}{h_a}} + \sqrt[3]{\frac{r_b}{h_b}} + \sqrt[3]{\frac{r_c}{h_c}} \leq \frac{3R}{2r}$$

holds, where r_a, r_b, r_c are the lengths of the exradii, h_a, h_b, h_c are the lengths of the altitudes, and R, r are the circumradius, inradius of $\triangle ABC$, respectively.

George Apostolopoulos

534. If $a, b, c > 0$, $abc = 1$ then the following relationship holds:

$$\frac{27a^9}{2+a^3} + \frac{27b^9}{2+b^3} + \frac{27c^9}{2+c^3} \geq (a^2 + b^2 + c^2)^3.$$

Daniel Sitaru

535. Let a, b, c be the side lengths, and let m_a, m_b, m_c be the lengths of the medians of an acute triangle ABC . Prove that:

$$\frac{m_a^2}{b^2 + c^2} + \frac{m_b^2}{c^2 + a^2} + \frac{m_c^2}{a^2 + b^2} \geq 9 \cdot \cos A \cdot \cos B \cdot \cos C.$$

George Apostolopoulos

536. If $a, b, c > 0$ then the following relationship holds:

$$\frac{|(1-ab)(1-bc)(1-ca)|}{(1+a^2)^2(1+b^2)(1+c^2)^2} \leq \frac{1}{64abc}.$$

Daniel Sitaru

537. Let a, b, c be the lengths of the sides of a triangle ABC with circumradius R and inradius r . Prove that:

$$24\sqrt{3} \cdot r \leq \frac{(a+b)^2}{c} + \frac{(b+c)^2}{a} + \frac{(c+a)^2}{b} \leq 6\sqrt{3} \frac{R^2}{r}.$$

George Apostolopoulos

538. If $x, y, z > 0$ then the following relationship holds:

$$\prod (2x^2 + xy + xz - yz) \leq \prod (x^2 + xy + y^2).$$

Daniel Sitaru

539. Let ABC be a triangle with inradius r and circumradius R . Prove that:

$$\frac{\cos \frac{A}{2}}{\sin^5 \frac{A}{2}} + \frac{\cos \frac{B}{2}}{\sin^5 \frac{B}{2}} + \frac{\cos \frac{C}{2}}{\sin^5 \frac{C}{2}} \geq 192\sqrt{3} \cdot \left(\frac{r}{R}\right)^2.$$

George Apostolopoulos

540. If in $\triangle ABC$, $a \leq b \leq c$ then the following relationship holds:

$$\frac{a^2 h_a + b^2 s_a + c^2 m_a}{ah_a + bs_a + cm_a} \geq 2r\sqrt{3}.$$

Daniel Sitaru

541. Let ABC be a triangle with inradius r and circumradius R . Prove that:

$$\frac{R}{2r} \geq \sqrt{3} \cdot \left(\frac{\tan \frac{A}{2} + \tan \frac{B}{2} + \tan \frac{C}{2}}{\cot \frac{A}{2} + \cot \frac{B}{2} + \cot \frac{C}{2}} \right)^{\frac{1}{2}}.$$

George Apostolopoulos

542. If $0 < a < b$ then the following relationship holds:

$$\int_a^b \frac{dx}{(x^3 + 1)^2} > \frac{5}{9(b^5 - a^5)} \ln^2 \left(\frac{b^3 + 1}{a^3 + 1} \right).$$

Daniel Sitaru

543. Let ABC be a triangle with circumradius R and inradius r . Prove that:

$$\frac{\cos \frac{A}{2}}{\cos \left(\frac{A}{2} - \frac{\pi}{3} \right)} + \frac{\cos \frac{B}{2}}{\cos \left(\frac{B}{2} - \frac{\pi}{3} \right)} + \frac{\cos \frac{C}{2}}{\cos \left(\frac{C}{2} - \frac{\pi}{3} \right)} \geq 12 \left(\frac{r}{R} \right)^2.$$

George Apostolopoulos

544. If $x, y, z > 0$, $\frac{xy}{x+y} + \frac{yz}{y+z} + \frac{zx}{z+x} = \frac{3}{2}$ then the following relationship holds:

$$x + y + z + 3 \geq 2(\sqrt{xy} + \sqrt{yz} + \sqrt{zx}).$$

Daniel Sitaru

545. Let ABC be a triangle. Prove that:

$$\frac{\sin \frac{A}{2}}{\cos^3 \frac{C}{2}} + \frac{\sin \frac{B}{2}}{\cos^3 \frac{A}{2}} + \frac{\sin \frac{C}{2}}{\cos^3 \frac{B}{2}} \leq \frac{\sqrt{3}}{48 \cdot \sin^2 \frac{A}{2} \cdot \sin^2 \frac{B}{2} \cdot \sin^2 \frac{C}{2}}.$$

George Apostolopoulos

546. Prove that:

$$\Omega = \int_0^1 \int_0^1 \int_0^1 \int_0^1 (\sqrt[3]{xyz} + \sqrt[3]{yzt} + \sqrt[3]{ztx} + \sqrt[3]{txy}) dx dy dz dt \leq 2.$$

Daniel Sitaru

547. Let m_a, m_b, m_c be the lengths of the medians of a triangle ABC and let w_a, w_b, w_c be the lengths of the internal bisectors of the angle opposite of the sides a, b, c of the triangle ABC , respectively. Prove that:

$$\sin^2 A \cdot \frac{w_a}{m_a} + \sin^2 B \cdot \frac{w_b}{m_b} + \sin^2 C \cdot \frac{w_c}{m_c} \leq \frac{9R}{8r},$$

where R, r are the circumradius and the inradius respectively, of the triangle ABC .

George Apostolopoulos

548. If $a, b, c, d > 0$ then the following relationship holds:

$$a^a \cdot b^b \cdot c^c \cdot d^d \geq a^{\sqrt[3]{bcd}} \cdot b^{\sqrt[3]{cda}} \cdot c^{\sqrt[3]{dab}} \cdot d^{\sqrt[3]{abc}}.$$

Daniel Sitaru

549. In triangle ABC the internal bisectors of angles B and C meet the opposite sides at D and E respectively. The triangle ABC has incenter I such that $S_{AEID} = S_{BIC}$, where S denotes the area. Prove that:

$$\text{a. } \sin^3 A \cdot S_{CID} = \sin^3 B \cdot S_{BIE}; \quad \text{b. } \sphericalangle BIC \leq \frac{2\pi}{3}.$$

George Apostolopoulos

550. If in $\triangle ABC$, $am_a + bm_b + cm_c = 2$ then the following relationship holds:

$$s \sum am_a h_a \geq ah_a + bh_b + ch_c.$$

Daniel Sitaru

551. Prove that in all triangles ABC the inequality:

$$\frac{a^4 + b^4 + c^4}{(a + b + c) \left(\frac{a}{h_a m_a} + \frac{b}{h_b m_b} + \frac{c}{h_c m_c} \right)} \geq 36r^4,$$

where h_a, h_b, h_c and m_a, m_b, m_c are the lengths of altitudes and medians respectively, where $|AB| = c, |BC| = a, |CA| = b$ and r is the inradius of triangle ABC .

George Apostolopoulos

552. In $\triangle ABC$ the following relationship holds:

$$(a^2 + b^2 + c^2) \sqrt{a^2 + b^2 + c^2} \geq 6abc \sqrt{6 \cos A \cos B \cos C}.$$

Daniel Sitaru

553. Let a, b, c be the lengths of the sides of a triangle ABC with circumradius R and inradius r . Prove that:

$$12 \frac{r}{R} \leq \frac{a+b}{a+b-c} + \frac{b+c}{b+c-a} + \frac{c+a}{c+a-b} \leq 3 \frac{R}{r}.$$

George Apostolopoulos

554. If $a, b, c, d > 0$ then the following relationship holds:

$$\sqrt{\frac{a}{b}} + \sqrt[4]{\frac{b}{c}} + \sqrt[6]{\frac{c}{d}} + \sqrt[8]{\frac{d}{a}} > 1.$$

Daniel Sitaru

555. Let a, b, c be the lengths of the sides of a right triangle with a the length of the hypotenuse. Prove that:

$$\frac{a(a^3 + b^3 + c^3)}{b^2 c^2} \geq 4 + 2\sqrt{2}.$$

George Apostolopoulos

556. In $\triangle ABC$ the following relationship holds:

$$\sum \frac{a^3 + 2b^3 + 3c^3}{a + 2b + 3c} \geq 36r^2.$$

Daniel Sitaru

557. Let a, b and c be the sides of a triangle ABC with symmedian point S and w_a is the length of the internal bisector of angle A opposite side a . Prove that:

$$\left(\frac{AS}{w_a} \right)^4 + \left(\frac{BS}{w_b} \right)^4 + \left(\frac{CS}{w_c} \right)^4 \geq \frac{16}{3} \cdot \frac{a^4 b^4 c^4}{(a^6 + b^6 + c^6)^2}.$$

George Apostolopoulos